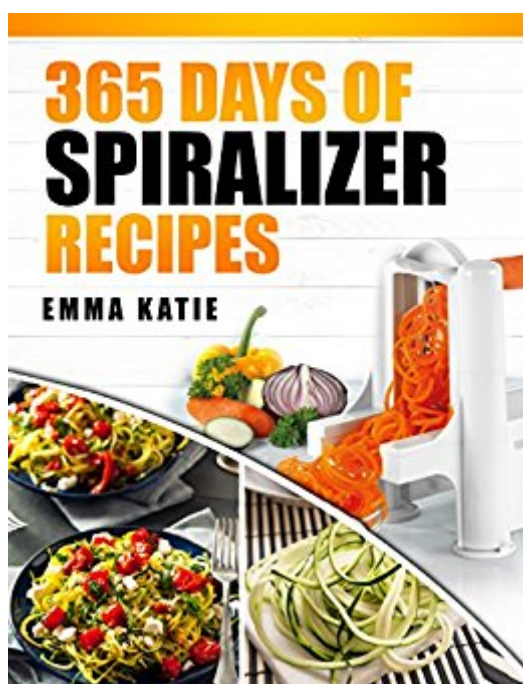


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# Spiralizer: 365 Days Of Spiralizer Recipes (Spiralizer Cookbook, Spiralize, Skinny Diet, Cooking, Vegan, Salads, Pasta, Noodle, Instant Pot, Low Carb, ... Clean Eating, Weight Loss, Healthy Eating)



## Synopsis

365 Days of Spiralizer Recipes Today's Special Price! BONUS: 7 DAY MEAL PLAN for Healthy Spiralized Vegetable Recipes in the end of the book (Limited Time Offer!) Not everyone is a big fan of vegetables. The major issue with them is difficulties in prepping or chopping the vegetables. Or some people find them not so appealing. So here comes a spiral vegetable slicer or a spiralizer that makes it far easier to beautifully spiralize your vegetables making them easier to slice and appealing to eyes. There are many brands of spiralizers in the market to choose from. Each comes with its own functions and usability. It's a lightweight kitchen tool with three major parts; collection bowl, middle part that contains the blades and the top lid with a handle attached. All these parts are made up of plastic except the blades. Mainly there are two types of spiralizers; handheld and countertop. Further, they come with different number of blades. Handheld are easy on budget but heavy on elbow grease whereas countertop are easier and quicker to use but a little bit pricier. The choice is yours. This book consists of 365 recipes that use vegetable noodles or ribbons. To make it more interesting the book offers different combinations of vegetables with meat, seafood and poultry. You will also find plentiful recipes of soups and salads. Wait no more! Download 365 Spiralizer Recipes Cookbook TODAY, and start enjoying cooking again!

## Book Information

File Size: 4864 KB

Print Length: 190 pages

Page Numbers Source ISBN: 1544981686

Simultaneous Device Usage: Unlimited

Publisher: 365 Days of Spiralizer Recipes - Healthy Vegetable Recipes Lifestyle Cookbook (March 27, 2017)

Publication Date: March 27, 2017

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B06XWSM128

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #13,876 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #4

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## Customer Reviews

Not happy with the book

Just got this book, and have not yet made any of the recipes, but looking forward to it. The only reason for the lack of the fifth star is 1) total lack of pictures, so you have no idea what the finished dish should look like\*2) specific references to a particular blade (usually 'blade c') with no definition of what that means. There is reference to the fact that there are many types and brands of spiralizer available, yet the only reference is to, apparently, the original Spiralizer. If you own a different brand you are forced to guess what 'blade c' does - IE: spaghetti, linguine, wide curls etc. In the absence of any pictures it would have been helpful if, in the opening section at least, there had been a brief description of what each of the available blades did, so the book owner would know what to use with their own brand. With those caveats I still can recommend the book as worth owning if only for the lovely collection of salad dressings. Perhaps down the road the author might consider making the additional blade info as an update.\*I do understand that for the price it would be too much to expect pictures of every dish, but perhaps a few - maybe one per section, would be a nice addition as well.

I have purchased quite a few of author Emma Katie's recipe books over the past several years. I've always found them to be original, well-written, and full of varied and delicious choices. I pulled up her author page to see what she's released recently and was tickled to find a Spiralizer Recipe book. I have a spiralizer and don't use it for lack of inspiration. Problem solved. This cookbook has hundreds of recipes that are divided up between salads, soups and stews, entrees, vegetables, and even desserts. I've made several so far and can't wait to continue on these spiralizer adventures. Well done.

I received a spiralizer from my youngest for Christmas. The cookbook that came with it was less than inspired. I knew it was basically for making vegetable noodles, but as I said, was less than inspired. There are some issues I found, as well as recipes I will definitely be making. First the concerns: It would have been nice if an explanation of what, exactly, are campari tomatoes are. I

don't have a clue. When reading a cookbook (yes, that's what I do) I don't want to look up what ingredients are. What if I can't find them, once I figure out what they are? Is there a substitute? This recipe is Zucchini & Roasted Tomato Soup, so you can see, the type of tomato may be very important. I wonder if you can really cook a sweet potato for 6-8 minutes, even spiralized. Can you? This is in Sweet Potato Soup. I would really hate for it to be still raw. I guess having added, or until your liking, or something would be helpful. Really? In the Zucchini and Tofu Soup, knowing what kind of tofu to add would be helpful, especially for people like myself, who know nothing about tofu. One recipe is Sweet Potato with Calms. Of course, this is clams, and that's what the recipe calls for. Finally, in the Sweet Potato and Apple Casserole, the recipe calls for "2 cups almond flour, blanched." What is this? How do you blanch the flour? Is this almonds made into flour after blanching? I am new to this type of cooking, so I truly don't understand. Now for the recipes I REALLY want to try: Carrot Soup, Onion Soup, Zucchini with Tilapia (only maybe not with Tilapia, as it is very expensive in this part of my world), Sweet Potato with Olives & Shrimp (yes, I'll buy shrimp for this, even if they are \$14.99 a pound, and yes, I gasped!), Sweet Potato Pancakes, Apple Pancakes, and Spiced Carrots. These are top priority. As a footnote, I looked up Campari tomato. "It is noted for its juiciness, high sugar level, low acidity, and lack of mealiness. Camparis are deep red and larger than a cherry tomato, but smaller and rounder than a plum tomato." (Wikipedia) Just in case anyone wonders as I did.

This cookbook contained good recipes that our family enjoyed. It opened up a lot more spiralized recipes than the other cookbooks. It contained simpler ingredients that weren't as expensive as the other spiralized cookbooks.

I got this book in kindle for 99 cents I love being on my tablet being able to click on a recipe link and the page comes up the recipes I hate going through page's in cook books any more I am so spoiled, some good recipes in this book I love cooking using my spiralizer makes it so much easier to eat healthy

This is amazing book. It cover info on Spiralizers and has lots of delicious recipes. Before I purchased this book, I looked at several others in Kindle, however, personally I find this is the best book for me because the recipes are easy to prepare and so many recipes to choose from. Highly

recommended.

I have only had this book for a little more than a week and have tried a few of the recipes and they have all been what I call "keepers".

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